

MARCH 2010

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
9:00-1:00 AARP Tax -C & G 9:00-10:15 Adv. Lo-impact Step Aer., MP. 10:00-11:00 Spanish Class- A & C 10:30-11:45 Lo Impact Beg. Aer., MP. 1:00-4:30 Pinochle, A & C 1:00-4:00 Rummikub-Lib Table 1:00-4:00 Ladies Billiard League-REC 2:00-3:00 Wii Training-Comp Rm 7:30-9:20 Dare Squares, MP. Peanut Butter Lover's Day	8:45-10:00 Wright Tappers- MP. 9:00-12:00 Mex. Train-C & G 10:15-11:45 Dance With Parkinson's-MP 1:00-2: 00 Yoga - MP 1:00-3:00 Dunes of Dare-Conf 1:00-4:00 Game Day, C & G 2:00-3:00 Quit Smoking for Success-A & C 2:00-4:00 Tap/Dare2Danzers.-MP 7:00-8:30 Line Dancing-MP 7:00-11:00 Duplicate Bridge, REC.	9:00-10:15 Adv.-Lo Impact Step Aer., MP. 10:30-11:45 Lo-Impact beginning Aer., MP. 12:00-12:30 Chairobics, REC. 1:00-3:00 Bingo-MP 1:00-4:00 Open Bridge, C&G 1:30-3:00 GEM Shuffleboard-REC & A & C 6:30-9:00 TOD-Conf 8:00-9:00 Sandspurs, REC.	9:00-1:00 AARP Tax -C & G 9:00-12:00 Master Gardeners-Conf 10:00-12:00 Singles Group, REC. 10:00-11:00 Beg Jazz Class-MP 11:30-12:30 Playology-MP 12:00-4:00 Watercolors-A & C	9:00-10:15 Adv. Lo-impact Step Aer., MP. 10:30-11:45 Lo Impact Beg. Aer., MP. 10:45-12:00 Learn to Play Bridge-C & G 11:00-12:00 OB Chorus-Conf 12:30-3:00 OB Chorus-MP 12:30-4:30 Duplicate Bridge, C & G 1:00-4:00 Skip-Bo-Conf 10:00-5:00 Ellsworth Midgett Tournament REC ROOM
8	9	10	11	12
9:00-1:00 AARP Tax -C & G 9:00-10:15 Adv. Lo-impact Step Aer., MP. 10:00-11:00 Spanish Class- A & C 10:30-11:45 Lo Impact Beg. Aer., MP. 1:00-2:30 OBSF-MP 1:00-4:00 Ladies Billiard League-REC 1:00-4:30 Pinochle, A & C 1:00-4:00 Rummikub-Lib Table 3:00-5:00 Master Gardeners-Conf 7:30-9:20 Dare Squares, MP.	9:30-12:00 Master Gardeners-Conf 9:00-12:00 Mex. Train-C & G 10:15-11:45 Dance With Parkinson's-MP 1:00-2: 00 Yoga - MP 1:00-4:00 Game Day, C & G 2:00-3:00 Quit Smoking for Success-A & C 2:00-4:00 Tap/Dare2Danzers.-MP 7:00-8:30 Line Dancing-MP	8:45-12:45 Coffee Social-C & G 9:00-10:15 Adv.-Lo Impact Step Aer., MP. 10:30-11:45 Lo-Impact beginning Aer., MP. 12:00-12:30 Chairobics, MP 1:00-4:00 Open Bridge, C&G 2:00-3:15 PHALANX-MP 2:00-3:00 Wii Training-Comp Rm 6:30-9:30 OBX Women's Club- C & G 7:00-9:00 R C Flyers-Conf 8:00-9:00 Sandspurs, REC.	9:00-1:00 AARP Tax -C & G 10:00-12:00 Dunes of Dare-Conf 10:00-12:00 Singles Group, REC. 10:00-11:00 Beg Jazz Class-MP 11:30-3:30 Dunes of Dare-MP 11:30-12:30 Playology-POA 12:00-4:00 Watercolors-A & C 2:30-5:00 Master Gardeners-Conf	9:00-10:15 Adv. Lo-impact Step Aer., MP. 10:30-11:45 Lo Impact Beg. Aer., MP. 10:45-12:00 Learn to Play Bridge-A & C 11:00-12:00 OB Chorus-Conf 12:30-3:00 OB Chorus-MP 12:30-4:30 Duplicate Bridge, C & G 1:00-4:00 Skip-Bo-A & C
15	16	17	18	19
9:00-1:00 AARP Tax -C & G 9:00-10:15 Adv. Lo-impact Step Aer., MP. 10:00-11:00 Spanish Class- A & C 10:30-11:45 Lo Impact Beg. Aer., MP. 1:00-4:30 Pinochle, A & C 1:00-4:00 Rummikub-Lib Table 1:00-4:00 Ladies Billiard League-REC 7:30-9:20 Dare Squares, MP. Ides of March	8:45-10:00 Wright Tappers- MP. 9:00-12:00 Mex. Train-C & G 10:15-11:45 Dance With Parkinson's-MP 1:00-2: 00 Yoga - MP 1:00-4:00 Game Day, C & G 2:00-3:00 Quit Smoking for Success-A & C 2:00-4:00 Tap/Dare2Danzers-MP 7:00-8:30 Line Dancing-MP 7:00-11:00 Duplicate Bridge, REC.	9:00-10:15 Adv.-Lo Impact Step Aer., MP. 10:00-11:00 Health Check-Hallway 10:30- 11:45 Lo-Impact beginning Aer., MP 12:00-12:30 Chairobics, REC 1:00-3:00 Bingo-MP 1:00-4:00 Open Bridge, C & G 6:30-9:00 C G Auxiliary- Conf 8:00-9:00 Sandspurs, REC. Happy St Patrick's Day!	9:00-1:00 AARP Tax -C & G 10:00-12:00 Singles Group, REC. 10:00-11:00 Beg Jazz Class-MP 11:30-12:30 Playology-MP 6:00-9:30 Master Gardeners-MP	9:00-10:15 Adv. Lo-impact Step Aer., MP. 10:30-11:45 Lo Impact Beg. Aer., MP. 10:45-12:00 Learn to Play Bridge-A & C 12:30-3:00 OB Chorus-MP 12:30-4:30 Duplicate Bridge, C & G 1:00-3:00 O B Book Club- Conf 1:00-4:00 Skip-Bo-A & C
22	23	24	25	26
9:00-1:00 AARP Tax -C & G 9:00-10:15 Adv. Lo-impact Step Aer., MP. 10:30-11:45 Lo Impact Beg. Aer., MP. 1:00-4:00 Ladies Billiard League-REC 1:00-4:30 Pinochle, A & C 1:00-4:00 Rummikub-Lib Table 1:30-4:00 Movie-MP 7:30-9:20 Dare Squares, MP.	9:00-12:00 Mex. Train-C & G 10:15-11:45 Dance With Parkinson's-MP 1:00-2: 00 Yoga - MP 1:00-4:00 Game Day, C & G 2:00-3:00 Quit Smoking for Success-A & C 2:00-4:00 Tap/Dare2Danzers-MP 7:00-8:30 Line Dancing-MP	9:00-10:15 Adv.-Lo Impact Step Aer., MP. 10:30- 11:45 Lo-Impact beginning Aer., MP 12:00-12:30 Chairobics, MP 1:00-4:00 Open Bridge, C & G 6:30-9:00 C G Auxiliary- MP 8:00-9:00 Sandspurs, REC.	9:00-1:00 AARP Tax -C & G 10:00-12:00 Singles Group, REC. 10:00-11:00 Beg Jazz Class-MP 11:30-12:30 Playology-MP 12:00-4:00 Watercolors-A & C	9:00-10:15 Adv. Lo-impact Step Aer., MP. 10:30-11:45 Lo Impact Beg. Aer., MP. 10:45-12:00 Learn to Play Bridge-A & C 12:30-3:00 OB Chorus-MP 12:30-4:30 Duplicate Bridge, C & G 1:00-4:00 Skip-Bo-A & C Make up your own Holiday day!
29	30	31		
9:00-1:00 AARP Tax -C & G 9:00-10:15 Adv. Lo-impact Step Aer., MP. 10:30-11:45 Lo Impact Beg. Aer., MP. 1:00-4:00 Ladies Billiard League-REC 1:00-4:30 Pinochle, A & C 1:00-4:00 Rummikub-Lib Table 7:30-9:20 Dare Squares, MP.	8:45-10:00 Wright Tappers- MP. 9:00-12:00 Mex. Train-C & G 10:15-11:45 Dance With Parkinson's-MP 1:00-2: 00 Yoga - MP 1:00-4:00 Game Day, C & G 2:00-3:00 Quit Smoking for Success-A & C 2:00-4:00 Tap/Dare2Danzers-MP Take A Walk In A Park Day!	9:00-10:15 Adv.-Lo Impact Step Aer., MP. 10:30- 11:45 Lo-Impact beginning Aer., MP 12:00-12:30 Chairobics, MP 1:00-4:00 Open Bridge, C & G 8:00-9:00 Sandspurs, REC.	*DCOAS gives preference to providing services to older adults with the greatest economic or social need, and our outreach efforts will show particular attention to identifying low income, minority individuals who are eligible for assistance under the Older Americans Act.	C&G = Card and Game Room A&C = Arts and Crafts Room REC. = Recreation Room CONF. = Conference Room MP = Multi-Purpose Room CR=Computer Room SHIIP RM=SHIIP Office POA=Playology outdoor activity