

Take precautions to protect yourself and others from COVID-19.

**IF YOU ARE SICK,
PLEASE GO HOME.**

**IF YOU ARE EXPERIENCING FEVER, COUGH,
AND SHORTNESS OF BREATH, PLEASE
CONTACT YOUR HEALTHCARE PROVIDER.**

PEOPLE AT HIGH RISK INCLUDE THOSE:

- Over 65 years of age, or
- Anyone with underlying health conditions including heart disease, lung disease, diabetes, or
- With weakened immune systems.

High-risk people can decrease chance of infection by staying home as much as possible and avoiding crowds.

QUESTIONS?

darenc.com/covid19

NC COVID-19 Hotline: 866.462.3821

