

# What's new in **Phase One**?

On **Friday, May 8 at 5pm**, North Carolina will move into Phase One. The **Stay at Home order** remains in place with some modifications. Here's what Phase One means for our state:

## Through May 8

## Phase One

Commercial activity	Through May 8	Phase One
<b>Retail</b>	20% capacity allowed	50% capacity allowed with cleaning and social distancing
<b>Gatherings</b>	10 person limit	10 person limit-gathering outdoors with friends allowed
<b>Childcare</b>	Childcare centers open for essential workers only	Childcare centers open for working parents or those looking for work
<b>Teleworking</b>	Encouraged	Encouraged
<b>Bars and Restaurants</b>	Take-out and delivery	Take-out and delivery
<b>Barbers/Salons/Massage</b>	Closed	Closed
<b>Theaters, Music Venues, Bowling Alleys</b>	Closed	Closed
<b>Gyms</b>	Closed	Closed
<b>Playgrounds</b>	Closed	Closed
<b>Visitation at Longterm Care Centers</b>	Not allowed	Not allowed
<b>Worship Services</b>	Outdoor services allowed	Outdoor services allowed
<b>State Parks and Trails</b>	Local discretion	Opening encouraged
<b>Face Coverings</b>	Encouraged	Encouraged